

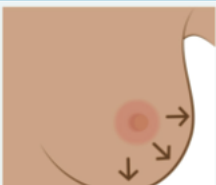
SAVE YOUR LIFE

IN THE TIME IT TAKES TO GET CHANGED

Check **NOW** for the signs of breast cancer



Lumps



Swelling



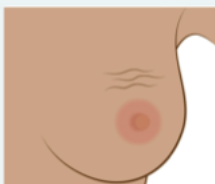
Bloody Discharge



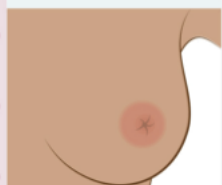
Lumps in Armpit



Dimpling



Rash



Nipple Inversion





Unusual Pain



Colour Change/Redness

If you notice anything unusual see your doctor or nurse as soon as possible.

Early diagnosis could mean a better chance of successful treatment.

@Lorraine   
#changeandcheck

WATCH
our breast
check video
itv.com/lorraine



 Lorraine

 Change
CHECK

 itv